

REQUIRED: Log in or Create a CareFirst Wellbeing Account

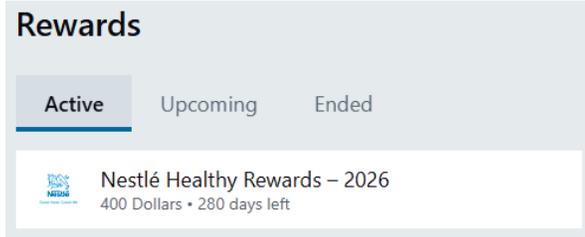
Everyone will need to create a new CareFirst wellbeing account in 2026 to earn credit.*

- Go to carefirst.com/wellbeing or scan the QR Code.
- Click on “Log in or Register”
- A new page will load - click on “Get Started Now”



Navigate to Nestlé Healthy Rewards

Click on **Achieve > Rewards > Nestlé Healthy Rewards - 2026**



Complete any variation of **Healthy Rewards Steps** below to earn up to **\$400** in paycheck credits in 2027.

Complete the RealAge Health Assessment to Earn \$150

You will be prompted to complete your **RealAge Health Assessment** automatically when you first create your account.

- To take the RealAge Health Assessment, click “You” > “Take Your RealAge”

Participate in a Biometric Screening Appt to Earn \$200

Click “Achieve” > “Rewards” > “Complete a Biometric Screening” and select one of the following options:

- Doctor visit with the **Primary Care Provider (PCP) Form:**
- **Quest Patient Service Center Lab:** (Fasting Required)
- **Onsite Biometric Event:** (Employees Only, Fasting Not Required)
- **CVS MinuteClinic:** (CareFirst Members Only, Fasting Recommended)

Participate in Financial Finesse to Earn \$50

Click “Achieve” > “Rewards” > “Engage in Financial Finesse” and follow the steps to certify completion of an activity within Financial Finesse from 1/1/2026 – 11/30/2026.

Participate in Medical/Mental Healthcare Appointment to Earn \$50

Click “Achieve” > “Rewards” > “Complete a Medical or Mental Healthcare Appt.” and follow the steps to attest to completing a medical or mental wellbeing appointment from 12/1/2025 – 11/30/2026.

Questions/Issues?

 1-833-502-9928, Option 3

 customersupport@carefirstwellbeing.com

Monday - Friday | 8:00 am - 9:00 pm (EST)
Saturday | 9:00 am - 5:30 pm (EST)

 Visit [Healthworksatnestle.com](https://healthworksatnestle.com) for full details

*You must be an active U.S. NesCARE benefits-eligible employee (Hourly regularly scheduled to work 30+ hours or Salaried working 20+ hours, as defined in the NesCARE SPD) with a first day of work on or before October 19, 2026. You and your spouse/domestic partner must be enrolled in a Nestlé medical plan in 2027, and you and your spouse/domestic partner must have registered for your CareFirst WellBeing account by November 30, 2026. Spouses/domestic partners who are benefits-eligible must be on record with the Nestlé HR Service Center by October 19, 2026. Healthy Rewards are divided per paycheck throughout 2027. If your employment ends during 2027, your Healthy Rewards credit will cease. Participants with a CareFirst WellBeing account with steps processed by CareFirst WellBeing by October 31, 2026, should start receiving Healthy Rewards in January 2027. Participants with a CareFirst WellBeing account with steps processed by CareFirst WellBeing no later than November 30, 2026, should start receiving Healthy Rewards in February 2027. The Healthy Rewards deadline is November 30, 2026, at 11:59 p.m. Eastern Time.