

Healthy Rewards Step-By-Step Guide

Complete a Biometric Screening utilizing the Primary Care Provider (PCP) Form

Earn \$200

Step 1: Log in to your CareFirst Wellbeing Account



Create or Log in to your CareFirst wellbeing account.

- Go to carefirst.com/wellbeing or scan the QR Code.
- Click on “Log in or Register”

Step 2: Navigate to the Biometric Screening Options

Click “Achieve” > “Rewards” > Complete a Biometric Screening > View Screening Options > Primary Care Provider

Step 3: Review Instructions

Review the Instructions and select “View Form”

Step 4: Print Form and Complete Form

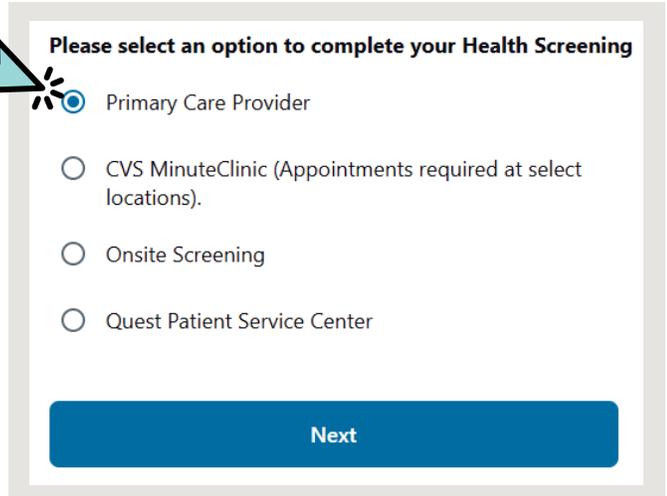
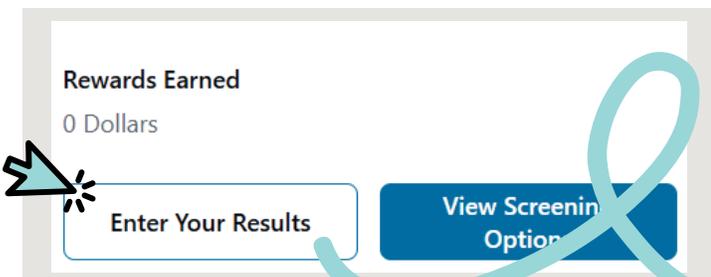
Print out Primary Care Provider Form or **save on your mobile phone** to bring to your appointment

- **Complete the form** after or during your doctors appointment
 - Doctors Signature is NOT REQUIRED

Step 5: Enter Your Results

The only way to earn credit for the Primary Care Provider option is by entering your results into your personal CareFirst Wellbeing Account. To do so, follow these steps:

- Navigate back to the Biometric Screening Options by logging back into your CareFirst Wellbeing account and clicking “Achieve” > “Rewards” > Complete a Biometric Screening > **ENTER YOUR RESULTS**

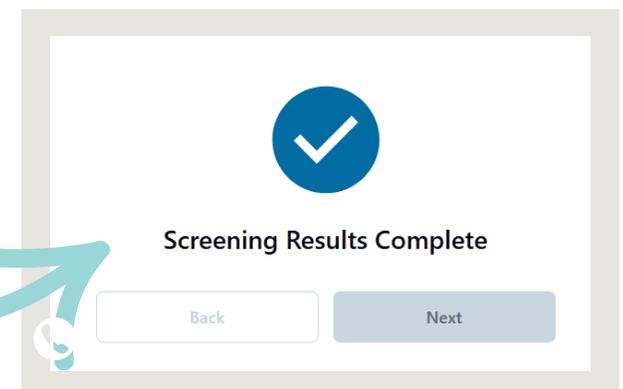


Questions/Issues?

 1-833-502-9928, Option 3

 customersupport@carefirstwellbeing.com

 Visit [Healthworksatnestle.com](https://healthworksatnestle.com) for full details



You are required to ENTER your own results into CareFirst Wellbeing in order to earn credit.

You must be an active U.S. NesCARE benefits-eligible employee (Hourly regularly scheduled to work 30+ hours or Salaried working 20+ hours, as defined in the NesCARE SPD) with a first day of work on or before October 19, 2026. You and your spouse/domestic partner must be enrolled in a Nestlé medical plan in 2027, and you and your spouse/domestic partner must have registered for your CareFirst WellBeing account by November 30, 2026. Spouses/domestic partners who are benefits-eligible must be on record with the Nestlé HR Service Center by October 19, 2026. Healthy Rewards are divided per paycheck throughout 2027. If your employment ends during 2027, your Healthy Rewards credit will cease. Participants with a CareFirst WellBeing account with steps processed by CareFirst WellBeing by October 31, 2026, should start receiving Healthy Rewards in January 2027. Participants with a CareFirst WellBeing account with steps processed by CareFirst WellBeing no later than November 30, 2026, should start receiving Healthy Rewards in February 2027. The Healthy Rewards deadline is November 30, 2026, at 11:59 p.m. Eastern Time.